

Two Proven Ways to Shorten the Journey to DID Healing

The Primary Identity Approach has proven to shorten healing of dissociative dynamics in a significant manner in comparison to the traditional, alter-centered approach. It is based on differentiating primary identities (those protected from the trauma) and alter-identities (those who helped to deal with the trauma). While alters are not ignored, identifying and resolving the intolerable psychological conflicts of the primary identities allows healing to flow from them *to multiple alter-identities at the same time*, often bringing spontaneous integration.

The Prenatal Healing Process provides a way to bypass many of the perpetrator-loyal dynamics in a system and to address spiritual bondages at their very roots. With the survivor's stated rejection of them, an appeal is made to God to honor the free will decision of the survivor and to remove that particular root *and everything that resulted from it through the rest of the person's life*. The free will expression of a primary identity trumps the free will decisions of previous generations and those of any subsequently formed alters. Emotional wounds that occurred in the womb can also be identified and healed in this process.

RCM Vision

Motivating and equipping individuals within the Body of Christ to understand, support, and minister healing to persons suffering from Dissociative Identity Disorder and the spiritual bondages that often accompany it.

The possibility of dissociative problems is too frequently overlooked by many Christian counselors and prayer ministers.

Persons suffering from DID can range from the highly functional, very successful career person to someone who cannot function at all.

Diane W. Hawkins, M.A., President of Restoration in Christ Ministries, and her late husband and founder of the organization, Tom R. Hawkins, Ph.D., bring hope and healing to the severely abused throughout the USA and abroad through their well-received literature, DVDs, and CDs available at www.rcm-usa.org.

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The Impact of Abuse



*Hearing the Cries
of the Sexually and
Ritually Abused*

The Impact of Abuse

Child abuse—it's not a secret anymore. It has come out of the closet and is emblazoned across the newspapers of this country on an almost daily basis. To read about it may figuratively "break our hearts" but, under certain circumstances, this abuse can literally "shatter the souls" of the innocent children who experience it.

DID is actually a God-given, temporary coping mechanism for an extremely overwhelmed child.

Abused children can respond in several ways. Some will retain full knowledge of the abuse. Others may use various mental dynamics to push some or all of the memories out of their conscious memory. When the abuse is severe and occurs early enough, however, some children will immediately be able to separate themselves mentally from its impact by dissociating.

Dissociation is a mental phenomenon which enables people of all ages to detach their stream of consciousness temporarily from their external surroundings. Dissociation occurs on a continuum ranging from normal day dreaming and "highway hypnosis," on one end, to Dissociative Identity Disorder (DID)

on the other. DID, the newer designation for what was previously called Multiple Personality Disorder (MPD), occurs when certain children below the age of eight experience severe, repeated abuse, causing a division of the soul (mind, emotions, and will) into "alter personalities". Each of these take on a separate identity as if they were separate persons sharing the same body (though, in fact, they are one person created by God). This shattering of the soul may possibly be reflected in the word used for "broken-hearted" in Isaiah 61:1 (and elsewhere).

DID is not a mental illness caused by a brain or chemical deficiency. In fact, "multiples" (people with DID) are usually above average in intelligence and creativity. DID is actually a God-given, temporary coping mechanism for an extremely overwhelmed child.

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Although Multiple Personality Disorder was carefully documented by Pierre Janet over 100 years ago, it was considered to be a very rare condition. Since 1980, however, mental health professionals, as well as pastoral counselors, are discovering that dissociative disorders, including DID, are far more common than once thought. More recent research has documented that as much as 10% of the general

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population and 20% to 50% of psychiatric in-patients are dissociative to some degree.

In some cases DID develops without the purposeful intent of the abuser; it is simply the child's means of coping with overwhelming trauma. Perpetrators of Ritual Abuse (RA), however, deliberately inflict trauma and intolerable psychological conflict to cause dissociation. The alter-personalities thus created can then be manipulated through sophisticated indoctrination and mind control techniques (programming) to carry out the cult group's agenda serving the kingdom of darkness.

Secular therapy often fails to recognize, address, or resolve the complex spiritual issues involved in the healing process of abuse victims, particularly survivors of Ritual Abuse. Restoration in Christ Ministries was established in 1994 to provide educational resources for both therapists and the Church so that they can more effectively meet the needs of these hurting people.

"And you shall know the truth, and the truth shall make you free."

John 8:32

"He has sent me to bind up the brokenhearted [shattered in heart or mind], to proclaim freedom for the captives and release for the prisoners."

Isaiah 61:1